



CLASS SCHEDULE

Fall/Winter 2025 September 5 - January 31, 2026

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|----------------------------------|
| Terrific Tots 9:30 | Waddlers 9:30 | Gymsters 9:30 | T. Tykes/Waddlers 9:30 | Waddlers/Gymsters 9:30 |
| Practice & Play 10:25-11:10 | Siblings & Friends 6 mo. - 3.0 yrs 10:30 | Waddlers 10:30 | Gymsters 10:30 | Terrific Tots 10:30 |
| Gymsters 11:15 | Terrific Tots 11:30 | Preschool Prep 11:30-1:30 Starts October 15 | Preschool Prep 11:30 - 1:30 Starts October 15 | Practice & play 11:30 - 12:10 |
| Tiny Tykes 12:15 | | | | |
| STAFF MEETING & GYM CLEANING 1:00- 4:00 | Dance Class 3:30 | Waddlers/Gymsters 3:20 | Practice & Play 3:30-4:10 | Preschool Gymnastics 4:00 |
| Preschool Gymnastics 4:20 | Preschool Gymnastics 4:40 | Ninja Jr. Training 4:20 | Gymnastics Team 4:20 | Sensory Gym Class 5:10 - 6:10 |
| Sensory Gym Class 5:30 - 6:30 | Practice & Play 5:50-6:40 | Gymsters/T. Tots 5:30 | Ninja Training 5:30 | Practice & Play 6:20- 7:10 |

CLASSES & AGES

PARENT PARTICIPATION

Tiny Tykes: 5 mo.-13 mo.
Waddlers: 14 mo.-20 mo.
Gymsters: 21 mo.-2 1/2 yrs
Terrific Tots: 2 1/2 -3 1/2 yrs

Sensory Gym Class: 4-10 yrs
*Parent Participation is required

INDEPENDENT/DROP OFF

Preschool Gymnastics 3.6-5yrs
Ninja Jr. Training 3.6-5 yrs
Dance Class 4-7 years

Ninja Training 6-10 yrs
Gymnastics Team 6-10 yrs

PRICING & POLICIES

Guest Experience: \$39 for 7 days/Auto Enrollment

Unlimited Practice & Play Included with Tuition

Primary Tuition:\$179/Every 4 wks/1 class per week
Unlimited Tuition: \$239/Every 4 wks/unlimited classes

Siblings Primary Tuition: \$119
Siblings Unlimited Tuition: \$149

SATURDAY

T.Tykes/Waddlers
9:00

Gymsters
10:00

Terrific Tots
11:00

Preschool Gymnastics
12:00

Birthday Party
1:30 - 3:00 pm
3:45 - 5:15 pm
6:00 - 7:30 pm

SUNDAY

Gymsters
9:00

T.Tykes/Waddlers
10:00

Terrific Tots
11:00

Gymnastics Team
12:00

Birthday Party
1:30 - 3:00 pm
3:45 - 5:15 pm
6:00 - 7:30 pm

#MyGymFun

My Gym Fresh Meadows 187-08 Union Turnpike
Call/Text (718) 380-4599 • @mygymqueens