



# CLASS SCHEDULE

January 5, 2026 - June, 26, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Practice & Play 9:40-10:20	Waddlers 9:30	Gymsters 10:00	T. Tykes/Waddlers 9:30	Waddlers/Gymsters 9:30
Gymsters 10:25	Terrific Tots 10:30	Preschool Prep 11:15-1:15	Gymsters 10:30	Terrific Tots 10:30
Waddlers 11:25	Mixed Ages 1 yr.- 3.6 yrs 11:30		Preschool Prep 11:30 - 1:30	Tiny Tykes 11:30
STAFF MEETING & GYM CLEANING 1:00- 4:10	Practice & Play 5:15-6:00	Waddlers/Gymsters 3:20	Practice & Play 3:20-4:00	Preschool Gymnastics 4:00
Preschool Gymnastics 4:20		Ninja Jr. Training 4:20	Gymnastics Team 4:10	Practice & Play 5:10 - 6:00 pm
Sensory Gym Class 5:30		Gymsters/T. Tots 5:30	Ninja Training 5:20	

## CLASSES & AGES

### PARENT PARTICIPATION

Tiny Tykes: 5 mo.-13 mo.  
Waddlers: 14 mo.-20 mo.  
Gymsters: 21 mo.-2 1/2 yrs  
Terrific Tots: 2 1/2 -3 1/2 yrs

Sensory Gym Class: 4-10 yrs  
\*Parent Participation is required

### INDEPENDENT/DROP OFF

Preschool Gymnastics 3.6-5yrs  
Ninja Jr. Training 3.6-5 yrs

Ninja Training 6-10 yrs  
Gymnastics Team 6-10 yrs

Preschool Prep 2.6 - 4.6 yrs  
\$249/1 Day \$299/2 Days

## PRICING & POLICIES

**Guest Experience: \$39 for 7 days/Auto Enrollment**

Unlimited Practice & Play Included with Tuition  
Primary Tuition:\$179/Every 4 wks/1 class per week  
Tiny Tykes(6 mo.-12 mo.) Tuition: \$149  
Unlimited Tuition: \$239/Every 4 wks/unlimited classes

Siblings Primary Tuition: \$119  
Siblings Unlimited Tuition: \$149

## SATURDAY

T.Tykes/Waddlers  
9:00

Gymsters  
10:00

Terrific Tots  
11:00

Preschool Gymnastics  
12:00

Birthday Party  
1:30 - 3:00 pm  
3:45 - 5:15 pm  
6:00 - 7:30 pm

## SUNDAY

Gymsters  
9:00

T.Tykes/Waddlers  
10:00

Terrific Tots  
11:00

Gymnastics Team  
12:00

Birthday Party  
1:30 - 3:00 pm  
3:45 - 5:15 pm  
6:00 - 7:30 pm

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#MyGymFun

My Gym Fresh Meadows 187-08 Union Turnpike  
Call/Text (718) 380-4599 • @mygymqueens